



i

MOOSE STEAK AND NOODLES

- ★ ½ lb. (0.25 kg) round moose steak cut in serving pieces
- ★ 3 tbsp. (45 ml) shortening
- ★ 1 cup (250 ml) water
- ★ ½ cup (125 ml) celery, finely chopped
- ★ 1 - 5-ounce (140 g) pkg. noodles
- ★ 2 large onions
- ★ ½ cup (125 ml) tomato ketchup
- ★ Seasoning

Fry steak lightly in hot fat. Add onions and cook slowly. Add water, ketchup, celery and noodles, which have been previously boiled and drained. Let simmer for one hour. Serve hot. Add seasoning just before serving.